Resilience-Focused Brief Family Therapy: An Adlerian Approach

Featuring Live Demonstrations

Friday, November 9, 2012, 8:30 am – 4:00 pm
Johns Hopkins University, Montgomery County Campus

ABOUT THE CONFERENCE
This seminar will provide a conceptual framework and a step-by-step process for conducting Resilience-Focused Brief Family Therapy (RFBFT). Dr. Nicoll integrates Adlerian Psychology with the latest emerging resilience research, positive psychology, and the family development framework. RFBFT will be applied to clinical settings, schools and parent education. This Conference is designed for Psychologists, Counselors, Social Workers, Marriage and Family Therapists, Parent Educators, School Counselors, and students.

DR. WILLIAM G. NICOLL, PH.D. is a professor of counseling at Florida Atlantic University. He has provided training and consulting services throughout the United States, as well as internationally. Dr. Nicoll coordinates training and consulting services for the Resilience Counseling & Training Center in Port St. Lucie, Florida. Dr. Nicoll was a national trainer in Brief Counseling/Therapy for the American Counseling Association and past Vice President of the North American Society of Adlerian Psychology (NASAP).

LEARNING OBJECTIVES
Participants will learn to:
• Conceptualize child/adolescent and family concerns utilizing a resilience perspective.
• Develop strategic strength-based interventions that facilitate growth and change in family systems.
• Identify a step-by-step process for Resilience-Focused Brief Family Therapy/Counseling (RFBFT).
• Apply the RFBFT model to schools and parent education, in addition to family therapy.
• Identify research evidence that supports a resilience-based paradigm.

SCHEDULE
7:45 – 8:30 Registration/Coffee
8:30 – 10:00 Introduction to the Resilience-Focused Brief Family Therapy (RFBFT) framework
10:00 – 10:15 Break
10:15 – 11:30 Demonstration: Resilience-Focused Brief Family Therapy
11:30 – 12:30 Lunch (Box lunch included)
12:30 – 1:30 Applications of the RFBFT framework with school related problems
1:30 – 2:30 Applications of the resilience-focused paradigm in parent education, as well as community education/prevention programs
2:30 – 2:45 Break
2:45 – 3:30 Experiential small group supervised practice: Applying the RFBFT model to participants’ cases
3:30 – 4:00 Wrap up – comments, questions

REGISTRATION
Conference cost is: $125 which includes 6 CEs.
Register Online or by Mail, Fax or Phone:

ONLINE: www.PEPparent.org
MAIL: MAPS c/o PEP
10100 Connecticut Avenue
Kensington, MD 20895
PHONE: 301-929-8824 Fax: 301-929-8834
WEBSITE: www.MAPSAdler.org

*Requests for disability accommodations must be received by 10/22. Contact Cheryl at 301-929-8824.