EXITING AND EXCLUDING BEHAVIORS IN RELATIONSHIPS

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Overview

- What does uncomfortable mean?
- Security Significance and Belonging
- Relational Movement
- Identifying Patterns ofExiting and Excluding Behaviors
What does it mean to be uncomfortable?

• What do you do when you are uncomfortable?
Foundations of a Relationship

- Security
- Significance
- Belonging
Relational Movement

• How security, significance, belonging, and the uncomfortable move in a relationship
Patterns of behavior

- Exiting
- Excluding
- Identifiable patterns for professionals
Discussion and Questions
Thank you!

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