Parents as Leaders - Bringing Business Concepts to Parenting

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Agenda

Long and Short Term Goals for Children

Social Capital, time and change management

Meetings, conflicts, internal motivation

Parent chat

Anger management, people vs. problem

Quick recap
Long Term Goals for Children

- Independent
- Resilient
- Responsible
- Respectful
- Empathetic
- Problem Solver
- Kind
- Self-Confident
How to Parent - with Intention

Independent
Resilient
Responsible
Respectful
Empathetic
Problem Solver
Kind
Self-Confident

Give opportunities
• Let them fail
• Give chances
• Be respectful
• Say “I hear you”
• Ask for their ideas
• Be kind
• Encourage effort
Short Term Goals

Obedient, Compliant, Good Listener, Rule Follower

Children are programmed for Long Term Goals.
Build Social Capital

Top-down management is becoming obsolete

So is Top-down parenting

Flatter management structure
Build Social Capital

Good leaders are respectful of employees

Good parents are respectful of children

Respect and self-respect
Time Management

- Schedules
- Routines
- Timers
- Lists
- Calendars
Change Management

Preview activities - the day before, in the morning

Tell kids what to expect, have them restate plan

Transitions - give 5 minutes heads up, get buy-in
Family Meetings

- Time, Place, Agenda.
- Tone of respect
- Appreciations and Successes
- Family Branding
- Team Building
Conflict Resolution

• Your side
• My side
• Brainstorm
• Negotiate
• Compromise
• Pick an idea
• Re-evaluate
Create Internal Motivation

• “Good job!”
• Specific - “You tied your shoes”
• Contribution - “By yourself!”
• Why the job is good - “You are ready”
• Outcome - “You can run fast”
How do you manage these things in your family?
Anger Management

We yell = children yell
We yell = adult temper tantrum

Managing emotions = modeling anger management.
Anger Management

Count to ten, deep breathe, stretch, go in another room, take a walk, snap your fingers, make a plan.

Apologize.
• **Soft on People, Hard on Problem**

- Tell kids you love them, not their behavior.
- Create wellness culture
- PD - give kids opportunities to achieve
- Build self-esteem - tell kids their strengths.
Summary

Long term goals. Respect. Empower your kids. Give them skills.
Thank you very much