NASAP President Invites You To The Celebration

I am delighted to invite and encourage you to attend the 2015 NASAP Conference in Philadelphia, Pennsylvania from May 28th until May 31st. This year’s conference theme attends to the similarity between Adlerian Psychology and democracy, with the message: “We the People (and Alfred Adler) Proclaim Liberty, Rights and Responsibilities for all.” As Adlerians, we understand how to actualize this in our own lives, as well as in our relationships with others. For example, we acknowledge the liberty, rights and responsibilities of those we serve by advocating for prevention and education (rather than remediation). We believe in helping others by assisting them in noticing their strengths, abilities and resources. In our work with others, we consider their many parts, including their spirituality, culture, family, as well as life experiences. Further, by our nature, we participate and act in our community in ways that help enhance social justice for all. This conference will provide a wonderful opportunity for non-Adlerians, as well as Adlerians to rejuvenate and dialogue with others about how Adlerian Psychology fits so well with the celebrated and infamous words spoken so long ago, ‘We the people, proclaim liberty, rights and responsibilities for all.’

Finally, and perhaps even more rewarding, will be the reunion of our Adlerian family. And if you are considering joining us for the first time, we welcome you and want you to join our family for 4 days of belonging, connecting, and inspirational learning!

Jill Duba Sauerheber, Ph.D.
NASAP President

Exciting Philadelphia Walking Distance Away

Experience the energy of the city at the Double Tree by Hilton, Philadelphia City Center. For explorers and those wishing to venture throughout the city, there are plenty of options. Perhaps you are ready to get your baseball cap on! The Phillies baseball team will be in town and playing. Or you may enjoy a leisurely browse through the Barnes Museum. You might also enjoy a bit of culture by attending the theater just down the street from the conference hotel.

The room rate is $169 (single or double) plus tax. Please visit our special online reservation site here to register for your hotel room and learn other interesting information about the hotel!

More info on our website at: www.alfredadler.org

A Great Conference and CEs too!

The North American Society of Adlerian Psychology (NASAP) is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. NASAP maintains responsibility for this program and its contents. Any sessions that do not qualify for APA credit are marked No-Ψ.

NASAP has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5263. Programs that do not qualify for NBCC Credit are clearly identified (marked with No-NBCC). NASAP is solely responsible for all aspects of the programs.

NASAP has applied for approval for continuing education by the Canadian Counselling and Psychotherapy Association (CCPA).
Open Forum Counseling: Techniques and Demonstration, Barbara Fairfield - Full-Day, 7 CE Hours
This workshop will demonstrate and teach techniques and approaches from an Adlerian perspective for working with a family before an audience of parents, other family members, students and educators. This psycho-educational model introduced by Alfred Adler and perfected by Rudolf Dreikurs deserves to be studied and utilized with today's families as the observers/students.

Funtastic Adlerian Techniques for Change, Rob Guttenberg - Full-Day, 7 CE Hours
This workshop demonstrates the power of jokes, metaphors, stories, songs, cartoons and experiential exercises for demonstrating Adlerian concepts to diverse populations in a variety of settings. Learn how to apply these motivational techniques in parenting classes, private practice, human relations training, or for personal growth in your own life.

An Holistic Approach to Well-Being, Bob McBrien - Full-Day, 7 CE Hours
Holistic well-being features key Adlerian principles: Holism, encouragement & mutual respect. Tai Chi for Health with its slow, gentle movements reduces stress, nurtures peace of mind and improves body & mind balance. Presentation includes overview, learning Tai Chi for health and a standing meditation. Discussion, Q & A follows.

Early Recollections and Adlerian Psychology, Arthur Clark, Carrie Butler - Half-Day, 4 CE Hours - Morning
Alfred Adler first introduced early recollections as a projective technique over 100 years ago. The workshop focuses on understanding the meaning of early recollections with a diverse range of clients and individuals. Participants will gain skills in the administration and interpretation of early recollections through the introduction of a contemporary model. Implications of early recollections in therapeutic treatment will be explored.

Counseling Families with Children who meet ADHD Criteria, Frank Walton - Half-Day, 4 CE Hours - Afternoon
The instructor will explain and demonstrate how an underdeveloped sense of community feeling and/or mistaken aspects of belief systems frequently influence children who manifest behavior that meets the criteria for the ADHD diagnosis. A video taped summary of research and conclusions of scientists with regard to use of drugs for treatment of these children will be provided.

THURSDAY EVENING 7:00 PM - ANSBACHER KEYNOTE- 2 CE Hrs.

Len Sperry, M.D., Ph.D.
Len is a Professor of Mental Health Counseling at Florida Atlantic University, Boca Raton, FL and Clinical Professor of Psychiatry at the Medical College of Wisconsin. He completed the Certificate in Psychotherapy at the Alfred Adler Institute of Chicago, and is a Life Fellow of the American Psychological Association, the American College of Preventive Medicine, and the American Psychiatric Association. In addition to being board certified in Clinical Psychology, Psychiatry and Preventive Medicine, he has 800 publications, including 80 professional books, and is the editor or co-editor of three professional journals.

This year’s Ansbacher Lecture extends this presenter’s Invited Response to a previous Ansbacher Lecture that was entitled: “Am I an Adlerian?” Specifically, this presentation describes the rationale and outcomes of a graduate psychotherapy training program that both incorporates and “extends” the theory and practice of Adlerian Psychotherapy. Illustrated is a complete training program in which coursework and supervised psychotherapy practice incorporates basic Adlerian premises while at the same time is both competency-focused and evidence-based.

There will be a panel of responders to Dr. Sperry’s Keynote including Jon Carlson, Susan Belangee, and James Bitter

Dr. Sperry’s Keynote will be followed by the Willard and Marguerite Beecher Foundation Reception
The late Willard & Marguerite Beecher had more than eighty years of combined professional experience. They worked with problem children, under-achieving troubled adults, emotional/educational disabilities, personal consultations and low self-esteem. They left behind four books about their work: Beyond Success and Failure, The Anatomy of Jealousy, The Sin of Obedience, and Parents on the Run. The Willard and Marguerite Beecher Foundation is a non-profit corporation organized under the laws of Texas and operated exclusively for charitable, educational, and scientific purposes by furthering clinical study, laboratory research, publication, and teaching the knowledge in the principles of the late Willard and Marguerite Beecher as exemplified in their books and writings. They sponsor this reception in memory of Willard and Marguerite Beecher.
PRESENTATIONS ON FRIDAY AND SATURDAY

PLENARY KEYNOTE SESSION FRIDAY MORNING (1.25 CE Hours)

Adler is for Everyone, Linda Jessup, David Colestock, Jennifer Williamson, Jay Colker and Rob Guttenberg with Suzanne Carlin as Moderator

FRIDAY PRESENTATIONS (1-1.5 CE Hours each)

On Becoming a Master Therapist, Jon Carlson

Positive Discipline Tool Cards for the Classroom, Jane Nelsen, Kelly Gfroerer

Leadership Styles, Goals, and Social Interest in the Workplace, Eva Dreikurs Ferguson

Early Recollections as Vehicles for Change, Wes Wingett

The Five Dirty Words: Challenging the Discourse of Client and Colleague Therapeutic Language, Thomas Garcia

In-vivo Supervision: Using Adlerian Multiple Therapy When Learning Therapeutic Interventions, Jennifer Chi Hwa Lee, James R. Bitter

Increasing the Family RQ (Resilience Quotient): Integrating Adler & the Resilience Research, Monica Nicoll, William Nicoll

Individual Psychology Made Simple: The Crucial Cs and a 3 Minute Course in Adlerian Theory of Personality Development, Amy Lew

No Second Chance with First Impressions: The First Interview, Roy Kern, James Sulliman and Jon Carlson

Introduction to Adlerian (Individual) Psychology, Arthur Clark

Intellect, Obedience, and Courage in the College Classroom: Traditional Assumptions about Non-traditional Students, Aimee Daramus

The Impact of Evidence-Based Practice In Psychology (EBPP) on Individual Psychology, Marc Davis

Individual Psychology in Action: Application to Clinical Supervision, Nicole Randick, Solange Ribeiro

Mindful Life Transition Management for Depression, Anxiety and Trauma, Susan Burak, Jill Duba Sauerheber

Creating a Safe Classroom Climate Using Adlerian Principles and Restorative Practices, Joyce A De Voss, Elizabeth Rickert

Conceptualization and Treatment of Adolescent Non-Suicidal Self-Injury, Amanda La Guardia, Kelley Morgan

How to Write an Effective Adlerian Case Conceptualization, Len Sperry, Jon Sperry

Caregiving the Caregivers, Marion Balla

Using Reflective Adlerian Practices in Leadership Mentoring, Jennifer Boswell, Richard E. Watts

Promoting Institutional Wellness and Positive Leadership, Solange Ribeiro, Ruth Buelow

Adlerian Psychology in Forensic Settings, Matt Finn

Relationship between Professionals and Parents of Children with Disabilities, Timothy Hartshorne

Mindfulness and Emerging Brain Research Applied in Counseling and Teaching, Patricia Kyle, Linda Page

Adlerian By Accident: Exploring Personal Adlerian Narratives, Heather Leigh

Adlerian Typologies: Keys to Understanding Self & Others via Personality Priorities, Steven Stein

An Adlerian Approach to Trauma and Stress Related Disorders, John F. Newbauer

“Through Love Thorns Become Roses” Finding Adlerian Theory in Rumi's Poems, Bengu Tekinalp, Serife Terzi

Three Facets of Education: An Adlerian Approach, Wes Wingett

Exploring Pathways to Purpose: Results from a Mixed Methods Study, Jennifer Nivin Williamson, Daniel Williamson

SATURDAY PRESENTATIONS (1-1.5 CE Hours each)

Open Forum Family Counseling Demonstration, Betty Lou Bettner

Adlerian Practices When Working with Difficult Clients, Teal Maedel, James R. Bitter

Counseling Adults with ADHD, Susan Brokaw

Globalization and the Struggle to Find a Sense of Belonging and Home, Hala Buck

Crowdsourced Coaching for Leadership Development, Jay Colker

Empowering Oneself and Others With the Ability and Freedom to Create One's Emotional Destiny - Using Rational Emotive Behavior Therapy (REBT), Debbie Joffe Ellis

Developing Transformative Schools/Classrooms: Toward a 'Copernican Shift' in Education, William Nicoll

Hyphen (Process) and Dot (Content) View of Adlerian Psychology, William Premo, Herb Laube

Carrying the Emotional Burden of Ancestors: Assessment and Treatment of Multigenerational Pains Surfacing as Individual Depression and Anxiety, Jill Duba Sauerheber, James R. Bitter

Encouraging Kids: Capturing Social Interest Through Dru Yoga, Margaret Wadsley

Use of the Most Memorable Observation, Frank Walton

The Goal of Giving: Increasing Social Interest in Self and Others, Gary Bauman

Adlerian Treatment Strategies for Body Image Disturbance Among LGBTQ Individuals, Susan Belangee, Michael Chaney

Siblings That Get Along, Beverley Cathcart-Ross

Handling Disruptive and Resistant Kids and Teens, Bill Corbett

Encouraging Clients to Consider Change: Incorporating Motivational Interviewing Strategies in Contemporary Adlerian Practice, Ramona Grad, Jonathan Sperry

The Ethics of Self-Care and the Nature of Purpose or Calling, Denise Hall

Dealing with the Loss of a Loved One: Personal and Professional Perspectives, Timothy Hartshorne, Teal Maedel, Debbie Joffe Ellis

Munchausen Syndrome by Proxy (aka Factitious Disorder Imposed on Another): An Adlerian Case Study, Mary Jamin Maguire
The Root of Human Motivation, Andre Koen

Was Jesus an Adlerian?, Dori Keiper

Holistic Approaches to Transforming Stress, Bob McBrien

Moving Adlerian Psychology towards Evidence Based Practice, Patricia Post, Gregory Anderson

Autism, Behaviorism, and the Crucial Cs, Bob Saxner, Kimberly A. Pittman, Amy Lew

Domestic Violence: Anatomy of a Perpetrator, Steven Stein

An Introduction to the New ACA Code of Ethics, Richard E. Watts

Psychology of Use: An Alternative Approach to the Utilization of Modern Psychopathology, Daniel Williamson, Jennifer Williamson

Working With Life Tasks as an Effective Strategy, Marion Balla

Self Worth – The Cornerstone of Psychotherapy, Susan Pye Brokaw

Adlerian Toolbox for Social Workers, Kathleen Cluff

The Hole in Holism, Marc Davis

Strengthening the Bond with Your Teen, Doone Estey

Social Media and Social Interest: Positive and Negative Uses, Leigh Johnson-Migalski,

It Takes A Village To Raise A Child: Strengthening Our Children's Social Environment, Terry Lowe

“Fiction Over Fact Always Has My Vote”: Adler’s “Fiction” and Life Choices, John F. Newbauer

Using the ADA to Increase Participation and Facilitate Inclusion of Persons with Disabilities in the Workplace, Mary O'Connor Drout

Cultivating Social Interest with Loving-Kindness, Mary Lynn Savelle, Caroline Fernandez

Using Creative Techniques to Help Clients Grow: Enhancing the Life Tasks through Song, Tammy Shaffer

Expression of Parenting Beliefs Amongst Taiwanese American Parents in the Chicago Metropolitan Area, Korey Watkins

Adlerian Psychology and Neuroplasticity: Common Ground and Integrative Applications, Gina Wilson, Richard E Watts

Luncheon Speaker Saturday
Janine Ellenberger, M.D.
“Live Longer, Live Stronger”

Dr. Janine Ellenberger, physician and entrepreneur, graduated from the University of the Orange Free State in South Africa in 1991 as a Family Practitioner. After spending 13 years in private practice, life changed with an international move to the UK, and a few years later to Miami. She gives true meaning to the term global village as she maintains a private women’s health and aesthetic practice in the UK, is Medical Director of Dermaconcepts USA, and is an international speaker on healthy aging and Integrative medicine. Her true passion is preventive health, sharing knowledge and empowering women. She is a frequent lecturer at Canyon Ranch in Arizona, consults with American skin care companies, and has recently developed a healthy skin care range just for teenagers.

POSTER SESSION No Ψ
SATURDAY, 6:00 - 7:00
The deadline for poster sessions is March 1 so you still have time to submit a proposal for a poster session. See our website for details.

www.alfredadler.org

DINNER
SATURDAY 7:00 – 9:30
“Social Interest From A Musical Perspective”
Michael McDonough & Musicians
Adlerian Group Counseling: A Wellness Approach for Work with Adolescents and Young Adults, Amanda La Guardia, James R. Bitter
This workshop will provide information related to the needs of adolescents and young adults struggling with self harming behaviors. A method of addressing self destructive coping styles through Adlerian group counseling will be presented. Participants will be involved in an experiential group process in order to learn and practice techniques specifically meant to address the needs of self-destructive adolescents and young adults.

How to Write an Effective Adlerian Case Conceptualization, Len Sperry, Jon Sperry
Pattern recognition is essential in developing accurate and clinically usefully case conceptualizations. Adler’s construct of “movement” serves as the starting point for quickly recognizing basic life patterns. A step-by-step process for “confirming” the pattern with life style information and writing conceptualizations and treatment plans is illustrated.

Ethics for Adlerians, R. John Huber
This workshop will focus on the ethical issues faced by the practitioner/researcher. It will also discuss ethical questions particularly relevant to the Adlerian. It will do so through didactic lectures and the introduction of a new approach to case conference that emphasizes democracy and equality

100++: How to Extend Adlerian-Dreikursian Holistic Theory to Embrace a “Perceived” Dynamic Dyadic Plus Plus Developmental Life-Long Guiding Leader/Manager Process, Herbert Laube, William Premo
The purpose of the workshop is to do strategic mapping for leading and managing the extension of the Adlerian movement from 145 years to 150 years in 2020 and beyond by identifying our individual contributions to this collective endeavor.

LINK TO REGISTRATION FORM HERE