

# The NASAP Certificate of Study in Adlerian Psychology

## INFORMATION SHEET

The purpose of the Certificate of Study in Adlerian Psychology is to recognize those who have demonstrated a commitment to the study of the Individual Psychology of Alfred Adler. This certificate is awarded to those NASAP members who complete a minimum of 100 hours of continuing education as outlined below.

### **Criteria for Awarding the NASAP Certificate of Study in Adlerian Psychology:**

1. **NASAP Affiliation:** Candidates for the Certificate of Study shall be general members of NASAP for at least two (2) consecutive years at the time of application.
2. **Complete a Minimum of One Hundred (100) Hours of Adlerian Study:** Candidates for the Certificate of Study shall complete a total of 100 hours (minimum) of workshops or classes in Adlerian study. These hours of study may be obtained in the three categories which follow:
  - A. **Introductory Programs or Courses:** Candidates for the Certificate of Study shall have a minimum of five (5) hours in attendance at Introduction to Adlerian Psychology program(s) or course(s) at NASAP Conference(s) or other affiliated Adlerian training providers or institutions.
  - B. **Intensive Workshop Attendance:** Candidates for the Certificate of Study shall have a minimum of twenty-four (24) hours of intensive workshops (minimum 4 hours in length) at an Adlerian Conference or other affiliated Adlerian training providers or institutions. Study may include a combination of courses in such core areas as:
    1. General Principles of Adlerian Psychology
    2. Family Counseling
    3. Parent Education
    4. School Applications
    5. Counseling and Psychotherapy
    6. Business and Organizations
  - C. **Additional Workshop/Class Attendance** Candidates for the Certificate of Study shall complete the remaining hours in workshops or classes at an Adlerian Conference or other affiliated Adlerian training provider or institution. Areas of study may include any of those listed in item #2B above.
3. **Period of Study:** All work must be completed within a five-year time frame.
4. **Course of Study Faculty:** Workshops/courses contributing to the Certificate of Study program must be offered by a minimum of three NASAP members, two of which must hold the Diplomate of the North American Society of Adlerian Psychology. In addition, at least two of the courses/workshops must be presented in face-to-face instruction by an Adlerian faculty member. Other contact with Adlerian faculty may be through videotape/audiotape instruction, web-based or other technology-based courses, or home study.

### **Application and Award Process:**

- Obtain an application from NASAP (write: 614 West Chocolate Avenue, Hershey, PA 17033; call: 717-579-8795; fax: 717-533-8616; email: [info@alfredadler.org](mailto:info@alfredadler.org); or download from our web page: [www.alfredadler.org](http://www.alfredadler.org))
- Fee: \$100. This is a one time application fee for the initial Certificate of Study. This fee must be submitted with the completed application.
- Certificate of Study Updates are available in increments of 100 hours for a review fee of \$50. This fee must be submitted with an application for additional hours earned since completion of those for the initial Certificate.
- Members awarded the Certificate of Study in Adlerian Psychology will receive a frameable certificate and be recognized in the *NASAP News* and at the NASAP Annual Conference.
- Members awarded the Certificate of Study Update will receive an embossed seal that can be added to the original Certificate and will also be recognized in the *NASAP News* and at the NASAP Annual Conference.